



SCOTTISH
CURLING

Is your Club Inclusive?

2024

Scottish Curling – Is your Club Inclusive?

The purpose of this document is to promote inclusive practice by encouraging and supporting all clubs to consider the needs of all protected characteristic groups and to offer opportunities to all participants with disabilities and from underrepresented groups (Age, Disability, Gender reassignment, Marriage and Civil Partnership, Pregnancy and Maternity, Race, Religion or belief, Sex and Sexual Orientation).

What is an Inclusive Club?

- Is open to ALL (including those with disabilities and from underrepresented groups).
- Has inclusiveness embedded into its policies and procedures to meet group and individual needs.
- Offers various formats of membership forms (e.g. accessible formats).
- The coaching structure is inclusive to all.

Curling Statistics (subject to change)

- 21 curling rinks in Scotland
- 10 wheelchair specific curling clubs
- 2 Visual Impaired specific sessions / clubs
- 3 Inclusive / ASN specific sessions / clubs



Who is there to help you become more inclusive?

- [Scottish Curling Disability and Inclusion Development Officer](#)
- [Scottish Curling Workforce Manager](#)
- [Regional Development Managers](#)
- Local authority / SDS

What education courses are available to help you become more inclusive?

- Inclusive curling courses (e.g. stick curling, wheelchair curling)
- Scottish Disability Sport - Disability Inclusion Training and other courses
- Sports Coach UK courses (e.g. 'How to coach disabled people in sport')
- World Curling courses



Clubs may consider:

- Offering coaches, officials, and volunteers appropriate training (CPD).
- Opportunities to upskill, improve confidence, and increase knowledge of disability sport and underrepresented groups
- Inclusive and disability specific training and competition pathways.
- Full access to club facilities and any adapted equipment required.

Club committees may consider the following to promote inclusive practice:

- Club constitution may require to be updated to reflect the [Equality Act 2010](#).
- Committee members, volunteers, coaches, officials, and all participants will contribute to the promotion of inclusive practice.
- Communications to be accessible to meet the needs of all participants with disabilities e.g. accessible formats.

Club considerations for the inclusion of all participants:

Planning		
1	Is the club vision inclusive?	<ul style="list-style-type: none"> Does the club's vision ensure the club will provide opportunities for participants, coaches, officials, and committee members with disabilities / from underrepresented groups?
2	Does the club plan consider the inclusion of participants with disabilities / from underrepresented groups?	<ul style="list-style-type: none"> Does the plan take in to account how you would offer training and competition opportunities for participants with disabilities / from underrepresented groups? Does the club consider disability inclusion and sport specific inclusion training for coaches, volunteers, officials, and committee members? Is disability sport explicitly referred to in the club's plan? Are there targets within the plan explicitly referencing participants with disabilities / from underrepresented groups?
3	Is the culture of the club inclusive?	<ul style="list-style-type: none"> Are the club's facilities and equipment fully accessible to participants with a disability and have considerations been given to improving this access? Does the club have a welcoming and supportive attitude towards participants with disabilities / from underrepresented groups? Does the club have an inclusion ambassador / champion who is the advocate for participants with disabilities / from underrepresented groups? Does your club recognise and celebrate the successes of participants, coaches, and volunteers with disabilities / from underrepresented groups or those who work with participants with disabilities / from underrepresented groups? Does the promotional imagery used by the club reflect participants with disabilities / from underrepresented groups?
4	Club Profile – data gathering	<ul style="list-style-type: none"> Does the club have key baseline figures with reference to participants, coaches, committee members with disabilities / from underrepresented groups? Are the following five key areas used to gather information on members with disabilities? <ul style="list-style-type: none"> Physical impairment – wheelchair user for sport Physical impairment – ambulant Learning disability Sensory impairment – hearing Sensory impairment – visual
Delivery Outcomes		
5	Are club programmes and competitions inclusive?	<ul style="list-style-type: none"> Can the club confirm the number of participants with disabilities / from underrepresented groups participating in competitions and programmes? Where appropriate and relating to the Scottish Disability Sport 'Activity Inclusion Model', is there signposting to mainstream and disability specific / underrepresented group competitions (e.g. SDS branch, regional and national competitions). Does the club provide education and CPD opportunities to upskill coaches, volunteers, and officials? Does the club know where to access further information and support for participants with disabilities / from underrepresented groups (e.g. performance development and classification support)?
Review		
6	Review of club plan	<ul style="list-style-type: none"> Is the club plan reviewed on an annual basis to demonstrate success and identify gaps to progress the following year?

If your club would like further support and information on any of the guidance notes, please contact Rhiannon Butterfield, Disability and Inclusion Development Officer, at rhiannon@scottishcurling.org.